

Understanding Swim Lesson Evaluations

Swim lesson evaluations help determine the most appropriate skill group for each swimmer. These evaluations ensure that every child is placed in a group that matches their current abilities and supports their progress.

- In-water instructors are available for swimmers who are not yet independent and confident in the water.
- Swimmers will be asked to demonstrate a variety of skills like putting their face in the water for newer swimmers, or swimming freestyle with side breathing for swimmers with more experience.
- Swimmers need to demonstrate that they will be able to listen and respond to their instructor.

Please be sure to read the information posted on this website and at the evaluation signup to be completely informed, and let Heather Yim know of any questions at <mailto:heayim@cbsd.org>.